



Republic of the Philippines
Office of the President
COMMISSION ON HIGHER EDUCATION
REGION X
Cagayan de Oro City
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COMMISSION ON HIGHER EDUCATION
REGION 10
RELEASED
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Time: _____
By: _____
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MEMORANDUM FROM THE DIRECTOR IV

No. 046, Series of 2021

TO : **Presidents/School Heads**
Private and Public Higher Education Institutions (HEIs)
Region 10

SUBJECT : **2021 NATIONAL STUDENT ORIENTATION ON GOING BACK TO SCHOOL THROUGH LIMITED FACE-TO-FACE CLASSES (LF2F) AND #KAMALAYAN PROGRESSIVE WEBINAR SERIES**

DATE : April 05, 2021

The Commission on Higher Education Region 10 hereby disseminates the attached Memorandum from the Office of the Executive Director dated March 31, 2021 with the above subject, for participation.

The #KAMALAYAN Webinar Series is a whole month of April 2021 Activity. The 2021 National Student Orientation on Going back to School through Limited Face-to-Face Classes (LF2F) is on April 16, 2021 at 9:00AM via Zoom with Livestreamed on the Official CHED Facebook Page. Please register using the link <http://bit.ly/CHEDNationalStudentOrientation2021>.

Further, to sustain the continuous dialogues and campaigns with the HEIS, the #KAMALAYAN Progressive Webinar Series of the CHED Regional Offices is on April 06 to 30, 2021. Please see attached Calendar of #KAMALAYAN Progressive Webinar Series for your reference.

However, this Office clearly emphasizes student's active participation on CHED Region 10 - Webinar on the Seven Study Habits of Students with Quality Mindset on April 27, 2021 @ 1:30PM

Zoom Meeting ID: **923 8829 4420**

Zoom Passcode: **339696**

This will also be Livestreamed on CHED Regional Office 10 Facebook Page: <https://www.facebook.com/chedro10/>

CHEDRO10 - QMS - 001 - 2019 - 01 - 00002
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All students from the Higher Education Institutions (HEIs) are highly encouraged to attend the webinars.

Widest dissemination of this MEMORANDUM to all concerned is hereby enjoined.



RAUL C. ALVAREZ, JR., REE, Ed.D., CESO III

Director IV

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RCA/mbf/rmtl

a/s : Memorandum from the Office of the Executive Director
dated 03/31/2021
Calendar of #KAMALAYAN Progressive Webinar Series

CHEDRO10 - QMS - 001 - 2019 - 01 - 00002
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Republic of the Philippines
OFFICE OF THE PRESIDENT
COMMISSION ON HIGHER EDUCATION

MEMORANDUM FROM THE OFFICE OF THE EXECUTIVE DIRECTOR

TO : CHED CENTRAL AND REGIONAL OFFICIALS AND STAFF
**PRESIDENTS, HEADS, AND OFFICERS-IN-CHARGE
OF HIGHER EDUCATION INSTITUTIONS**

SUBJECT : **2021 NATIONAL STUDENT ORIENTATION ON GOING BACK TO SCHOOL
THROUGH LIMITED FACE-TO-FACE CLASSES (LF2F) AND #KAMALAYAN
PROGRESSIVE WEBINAR SERIES**

DATE : **31 MARCH 2021**

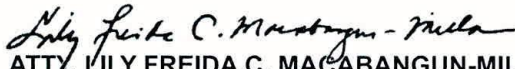
As part of the joint initiatives of the Commission on Higher Education (CHED) and the Department of Health (DOH) through its Joint Memorandum Circular (JMC) 2021-001 on the Guidelines on the Gradual Reopening of Campuses of Higher Education Institutions (HEIs) for Limited Face-to-Face Classes during the COVID-19 Pandemic, the Commission shall conduct the following activities for the whole of month of April 2021:

1. **2021 National Student Orientation on Going Back to School through Limited Face-to-Face Classes (LF2F)** with the theme "*Kabataan sa Bagong Normal Balik Eskwela Na. #KAMALAYAN Para Sa Estudyante ng Lalong Mataas Na Edukasyon Tungo Sa Ligtas Na Limited Face-to-Face Classes Kasama ang CHED, DOH, at LGUs on 16 April 2021 at 9:00 AM via Zoom, with Livestream on the Official CHED Facebook Page.* Please register using the link <http://bit.ly/CHEDNationalStudentOrientation2021>. Kindly take note of the Zoom credentials for which will be provided immediately after the registration and not via email; and
2. **#KAMALAYAN Progressive Webinar Series** of CHED Regional Offices (CHEDROs) to sustain continuous dialogues and campaigns together with their HEIs from **April 6 - 30, 2021**. Attached is the Calendar of #KAMALAYAN Progressive Webinar Series for your reference.

All CHED Regional Offices and HEIs are enjoined to encourage their college students to participate in the 2021 National Student Orientation on Going Back to School through Limited Face-to-Face Classes (LF2F) and the #KAMALAYAN Progressive Webinar Series that aim to prepare our students for the gradual re-opening of campuses of HEIs through limited face-to-face classes. All expenses incurred on the conduct of the said activities shall be charged against the local funds of the CHEDROs, subject to applicable government accounting and auditing rules and regulations.

Should there be any queries, the designated staff may directly coordinate with the Office of Student Development and Services (OSDS) Local Student Affairs Division (LSAD) through email address osds-lsad@ched.gov.ph or through their respective CHEDRO Student Affairs and Services (SAS) Focal Persons: <https://ched.gov.ph/regional-offices/>.

For immediate dissemination and compliance.


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Digitally signed
by Milla Lily
Freida
Macabangun
Date: 2021.03.31
13:11:04 +08'00'
ATTY. LILY FREIDA C. MACABANGUN-MILLA, CESO IV
Officer-in-Charge, Office of the Executive Director IV



Republic of the Philippines
OFFICE OF THE PRESIDENT
COMMISSION ON HIGHER EDUCATION

CALENDAR OF #KAMALAYAN PROGRESSIVE WEBINAR SERIES

In support to the national initiatives in relation with the Safe and Gradual Re-opening of Campuses of Higher Education Institutions (HEIs) for Limited Face-to-Face Classes, the Commission on Higher Education Regional Offices (CHEDROs) arranged the conduct of the *Progressive Webinar Series* that aim to help students prepare and cope with the new normal of learning. The month-long regional campaign called **#KAMALAYAN** which will be hosted by the different clusters will have the following thrusts:

Week 1: ***KA***lusingan ng Estudyante, Kaligtasan Nating Lahat (*Students' Health and Wellness*) with topics are related to preparing the students for going back to school psychologically and emotionally;

Week 2: ***MA***layang Makalabas sa Ligtas na Paraan (*Students as Part of the Community*) with topics related to the students "need to know" while outside their homes, and while going to their schools aligned with the national and local government guidelines;

Week 3: ***LA***ging Handa, Estudyante Ako (*Students in the Campus*) with topics related to updates on the calibrated policies and guidelines of the HEIs aligned with CHED Memorandum Order (CMO) No. 4, series of 2020, and the CHED-DOH Joint Memorandum Circular (JMC) 2021-001; and

Week 4: ***YAN*** ang Estudyante sa Bagong Normal (*Students Coping with Limited Face-to-Face Classes*) with topics aiming to strengthen the students coping capabilities for the new normal of learning, particularly with Limited Face-to-Face Classes.

Cluster 1 (Northern Luzon) Theme:

KAlusingan ng Estudyante, Kaligtasan Nating Lahat (*Students' Health and Wellness*)

Region	Webinar Title	Date	SAS Focal Person
1	Pakikipagkapwa at Katatagan: A Closer Look on Emotional Quotient and Adversity Quotient Zoom Meeting ID: 811 9347 6707 Zoom Passcode: 440168	6 Apr 2021 08:30 AM	Mr. Arnold Ancheta aancheta@ched.gov.ph

2	Getting Ready for LF2FC: Balik Eskwela Na, Paano Na Kaya? Zoom Meeting ID: 831 4085 6374 Zoom Passcode: 029817	7 Apr 2021 01:00 PM	Engr. Joven Jacinto jjacinto@ched.gov.ph
3	Mind, Body, and Soul in the New Normal Zoom Webinar Link: http://bit.ly/mbs_newnormal	6 Apr 2021 02:00 PM	Dr. Paolo Lumanlan plumanlan@ched.gov.ph

Region	Webinar Title	Date	SAS Focal Person
CAR	Uplifting Students' Human Spirit during the COVID-19 Pandemic Zoom Meeting ID: 966 4301 1685 Zoom Passcode: 444093	8 Apr 2021 02:00 PM	Ms. Melody Labawig mlabawig@ched.gov.ph Dr. Bernadette Pal-ec
NCR	Mind Matters: Preparing Oneself Embracing the New Normal Zoom Meeting ID: 926 9771 3397 Zoom Passcode: 417602	7 Apr 2021 09:00 AM	Ms. Liza Libertine Magana llmagana@ched.gov. ph

Cluster 2 (Southern Luzon) Theme:

MAlayang Makalabas Sa Ligtas Na Paraan (*Students as Part of the Community*)

Region	Webinar Title	Date	SAS Focal Person
4	Kabataan Sa Bagong Normal: Ligtas at Malusog na Pamayanan Zoom Meeting ID: 810 1847 4772 Zoom Passcode: SASConf	20 Apr 2021 01:00 PM	Mr. Carlo Niño T. Ching cnching@ched.gov.ph
5	Mag-Aaral Sa "New Normal": Sa Pagbalik-Eskwela, Handa Ka Na Ba? #Ikawhandakanaba? Zoom Meeting ID: 934 1376 8843 Zoom Passcode: 451010	15 Apr 2021 01:00 PM	Dr. Ma. Pamela Vinas pvinas@ched.gov.ph

MIMAROPA	Kabataan: Handa Ka Na Ba Sa New Normal Balik Eskwela Zoom Meeting ID: 947 3789 3958 Zoom Passcode: 878544	16 Apr 2021 01:00 PM	Ms. Maria Christina Simbulan chedro4b@ched.gov.ph
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Cluster 3 (Visayas) Theme:

LAging Handa, Estudyante Ako (Students in the Campus)

Region	Webinar Title	Date	SAS Focal Person
6	Ang Pagpadayon: A Talk on Mental Health Preparedness Relative to the Limited Face-to-Face Classes (LF2F) in Higher Education Zoom Meeting ID: 965 0893 1618 Zoom Passcode: 399348	22 Apr 2021 09:00 AM	Ms. Maria Karen Catalina Zaldivar mckzaldivar@ched.gov.ph

Region	Webinar Title	Date	SAS Focal Person
7	Face-to-Face Classes with COVID-19 Vaccination: New Normal and Beyond Zoom Meeting ID: 933 8088 9232 Zoom Passcode: 250489	23 Apr 2021 01:30 PM	Ms. Melissa Castillote mcastillote@ched.gov.ph
8	Ikaw ug Ako: Self-Care Becomes Collective Care Zoom Meeting ID: 964 2992 7557 Zoom Passcode: 788137	22 Apr 2021 01:30 PM	Ms. Maria Mylah Javier mmjavier@ched.gov.ph

Cluster 4 (Mindanao) Theme:

YAN Ang Estudyante Sa Bagong Normal (Students Coping with LF2F Classes)

Region	Webinar Title	Date	SAS Focal Person
9	Healing the Body, Mind, and Spirit through Holistic Wellness Tools Zoom Meeting ID: 957 6039 6168 Zoom Passcode: 918939	26 Apr 2021 08:30 AM	Mr. Vicente Regalado vregalado@ched.gov.ph

10	Webinar on The Seven Study Habits of Students with Quality Mindset Zoom Meeting ID: 923 8829 4420 Zoom Passcode: 339696	27 Apr 2021 01:30 PM	Ms. Rose Mae Tubasis rmlumasag@ched.gov.ph
11	Mind Over Matter: Tips on Mentally Preparing for Face-to-Face Classes in Higher Education Zoom Meeting ID: 930 8959 0151 Zoom Passcode: 506358	28 Apr 2021 10:00 AM	Ms. Lourdes Cesar lcesar@ched.gov.ph
12	Positivity Amidst Difficulty: Coping Strategies for the Youth in the New Normal Zoom Meeting ID: 929 6952 5300 Zoom Passcode: 819907	29 Apr 2021 09:00 AM	Dr. Zohrahaydah Panawidan chedro12@ched.gov.ph Mr. Genaro Andres
CARAGA	Roles and Responsibilities of Students During Limited Face-to-Face Classes Zoom Meeting ID: 982 2307 6834 Zoom Passcode: CHEDCARAGA	30 Apr 2021 09:00 AM	Dr. Frederick Amihan famihan@ched.gov.ph